# **Logie Coldstone Trust**

2017/2018



# **NEWSLETTER**

www.logiecoldstone.org

#### Welcome,

Logie Coldstone Trust is a registered charity which aims to foster active citizenship and community development. The Trust owns and manages Logie Coldstone Hall and is run entirely by volunteers.

We have had a lot of fun at our annual activities and hope you enjoy reading about them in this newsletter. Over the past year the Trust has made progress in acquiring several items that have been on the 'wish list' for a long while, including the installation of a hot water dispenser in the kitchen, a sink and fitted units in the upstairs meeting room, an outside tap, extra chairs, a high quality digital piano, and microphones to use with the portable sound system which was kindly donated by a local resident.

Thanks to active lobbying, advocacy and attendance at local authority committee meetings, we are delighted to report that community activism has paid off and the local authority has committed to creating the long awaited footpath between Logie Coldstone School and the hall in the current financial year.

As ever, the Trust extends its appreciation and thanks to people from our wider Logie Coldstone community who give their time freely, and work within a limited budget, to maintain the hall, organise community activities, and contribute to making Logie Coldstone a great place to live.

Thank you,

Newsletter Team

#### Logie Coldstone calendars

Our 2018 calendars feature some stunning pictures of scenes in and around Logie Coldstone. Calendars are £7 each and would make a lovely gift. They will be on sale at the Christmas Fair, community café and can be ordered by contacting Joyce at lctrust2012@gmail.com or 07771715293.



# **Upcoming events**

#### 2017

LC Trust AGM, LC Hall

Monday 4th December, 8pm

LC School Christmas Show, LC Hall

Friday 15th December, 1.30pm

Hogmanay Party, LC Hall

Sunday 31st December, from 7:30pm

#### 2018

Burns Supper, LC Hall

Saturday 27th January, 7:30pm

Duck Race, At the burn side

Sunday 6th May, races start 2:30pm

Morven Walk, meet at LC Hall

Saturday 26th May, meet at 10:30am

#### **Fun Games**

Saturday 30th June, afternoon

Community Café, LC Hall

1st Friday of every month from 9:45am

#### How to book the hall



You can book Logie Coldstone Hall by using our online form at www.logiecoldstone.org

or

by contacting

Emma, Bookings Co-ordinator

at <u>lctrust2012@gmail.com</u>

Tel. 07734 543554

# 2017 Logie Coldstone events in words and pictures

#### **Burns Supper**

Logie Coldstone celebrated the life, poetry, music and songs of our national bard, Robert Burns, with our usual smeddum. Around 70 guests tucked into haggis, neeps and tatties provided by HM Sheridan. The three course meal was expertly served by our trusty volunteers. Glynis and team kept the refreshments flowing and Sandy Mon-

cur compered the evening in his own inimitable way. In keeping with the spirit of Robert Burns, Stuart Bull toasted the lassies and Sandra Brown replied, with both speakers deploying gentle humour and generosity of spirit towards the lassies and laddies. The evening continued with a Burns song, 'Ca the

Yowes', and a Burns tribute song, 'The Star o Robbie Burns', from our very own singing group, with beautiful accompaniment from Sylvia Anderson on flute and Les Inness on piano. Special thanks to Rachel Fraser who sang a solo spot and Ken Booth who sang a selection of

Scottish songs, accompanied by his guitar, including 'Twa Recruitin Sergeants'. A later highlight came from Alan Robertson who left us all spell-bound with his heartfelt and mesmerising rendition of 'The Green Fields of France', a song by Eric Bogle about the sorrow, suffering and futility of war. We think Robert Burns would have been in his element!



#### The Duck Race

And they're off ...

The Great Logie Coldstone Annual Duck Race took place on a fine spring day in April



#### Aly Bain and Phil Cunningham

The Rapturous Return of Aly & Phil

Aly Bain & Phil Cunningham made a return visit (at their own request!) to Logie Coldstone Hall on Friday 19<sup>th</sup> May and were greeted by another sell out audience. The duo treated the crowd to a humorous, toe tapping and moving concert.

Aly & Phil shared witticisms from their experiences over the years and the characters they have met on the way with Phil's tongue in cheek tales of Fergie MacDonald featuring.

A microphone made an unscheduled percussive interlude on Aly's "auld fiddle" and garr'd a bit fleg in the hall, however it became another comic gem and the tune that followed was an exceptional slow air that, when finished, received appreciative murmuring from the enthralled audience that crescendoed to a thundering ovation.

It was another grand nicht oot in the Coldstone Hall and many thanks go to all who helped with arranging the event.



#### **Morven Walk**

A wonderful day in late May (it was warmer than Spain- really!) saw a cheerful group of walkers assembled for a group photo and short safety brief prior to the great ascent.

It was a relaxed affair with everyone progressing at their own pace with the young and not so young rubbing shoulders, chatting and enjoying each other's company. There was however a small group of enviably energetic youngsters who formed an impromptu splinter group of Morven runners.

There were smiles all round when we reached the top, and it was a real treat to have such a lovely day to admire the view. After a windy cup of tea and a brief sit down spirits were high as the party wended its way down towards the village and the eagerly awaited barbecue.

Walkers were greeted by a lovely spread and family and friends offering congratulations. An evening of good company, sunshine, good food and liquid refreshment made for a good night. Thanks to Nick Bailey, our walk leader.

#### **Logie Coldstone Fun Games**



On 24th June the village turned out en masse for the Logie Coldstone fun and games. We were again met with an overcast and blustery day, but the marquees held fast and the fun ensued. The games kicked off in time honoured fashion with the Coldstone piping group escorting Jock Smith into the ring to raise the saltire.

After the raising of the flag, children, teenagers, and the young at heart competed in a mixture of track and field events. Our very own Sandy Moncur commentated throughout the day. Hitesh Mitchell-Mehta and team ensured fair play and that competitive spirits didn't get too out of hand! This year's winner of the AG and JJ Smith memorial cup was Daniel Farquhar.





There were a number of stalls with various games of chance as well as the SWI tea, coffee and cake stall. The splat-the-rat and the wheel of fortune made its annual appearance.

As the evening approached the sound equipment was hijacked by Hitesh, and some of the younger children had great fun busting some moves in the open air to Hitesh's choice of music. Meantime some of the older children found great amusement at the slip and



slide and didn't seem to mind getting wet from head to foot. This year it was BYOB in the refreshment tent and before the merriment got too much, sustenance was provided by the fish and chip van.

Coldstone Sober made their games debut and Le Can-Can proved a crowd pleaser. The day was rounded off in traditional style with a game of rounders. Families left tired and happy after another successful fun games.

Many thanks go to the organisers, those that helped set up and clear away, the sponsors and John and Linda Diack for the use of the field.

Thanks to all our fun games sponsors

Co-op Aboyne Strachans Aboyne The Boat Inn Aboyne Co-op Ballater Sheridans Ballater **Emslies Ballater** Yules Paper Shop Ballater Bothy Ballater

Tick Tock Soft Play Alford The Barn Burn O Bennie Banchory Tesco Supermarket Banchory Morrisons Supermarket Banchory Belmont Filmhouse The Chemist Tarland Tarland Toy Shop Tarland Convenience Store

#### How does our garden grow?

.....the weeds still rapidly, but our elite volunteers keep them at bay with intermittent assaults. More volunteers are still very welcome so please let us know if you are interested however green your fingers may be, we even sometimes get time for a cup of tea. The shrubs (guelder rose, berberis, periwinkle, cotoneaster and euonymus) are establishing and spreading out nicely. The



fruit trees donated from Logie Coldstone School are surviving okay, although we would appreciate any expertise on these. We are pruning them to keep them compact and resistant to the winds. We have not added too much, apart from Aberdeenshire Council's donation of colourful annuals, a few donations on the west side, and some cuttings and small lavender plugs, as we experiment with alpine type plants and those that don't mind free draining soil. As time progresses the aim is to fill the beds with more and more low maintenance, yet attractive and wildlife friendly weed-suppressing plants. We planted some spring bulbs in what felt like gale force winds on the last weekend in October, with a stalwart collection of trusty volunteers, and we are looking forward to a colourful show next year. Also, of course, we now have an outside water tap, a real boon for the gardening. Yeah! Here's to a kind winter.....

#### **ACE Voices**

On Sunday the 25<sup>th</sup> of June, Logie Coldstone Hall was accosted by



various humans intent on raising voices to raise money for a great cause.

ACE voices produced and performed a concert for the people of Logie Coldstone and managed to raise just over £300 for the charity, Create Aberdeen. All funds went towards acquiring a new minibus that would allow access for wheelchair users. "Create Aberdeen supports the rights of adults with learning disabilities to be healthy, fulfilled, and to be active participants in community life."

We all had a fantastic time and hope to join together again with music and laughter in the future! Thank You Logie Coldstone!

## **Bridges Not Walls**



In January, a group of local residents took part in an international banner drop over bridges around the world which aimed to unite people with a simple and hopeful message.



## **Bowling evening**



We recently hauled out the old bowling carpets and the informal indoor bowling evening proved a big hit with all ages. You will have another chance to try your hand at bowling in the new year.

## **Logie Coldstone School**

It has been another action packed year at Logie Coldstone Primary School. August saw us welcome three primary ones to the school: Millie Mann, Dougal Mather and Rosie Davies. Millie's mum, Jude, is a Research Fellow at the University of Aberdeen (medical sciences) and she is now the school's STEM ambassador. This exciting contact will let us hear first of any science opportunities available to our pupils.

Two sisters, Erin and Grace Cranna, moved to the area from Aboyne and they have settled in very well. However, it was not just new pupils that started at Logie Coldstone primary. The primary one to four class now have Miss Taylor who took over from Mrs Findlay when she retired. Miss Taylor has just qualified as a teacher and brings with her lots of enthusiasm and fresh ideas. Mrs Findlay had taught at the school for fifteen years so it was only fitting that she received a good send off. Her many farewell gifts included a personalised leavers hoody!



One of the highlights of the year was the Coldstone quiz team coming first in the Aboyne cluster Rotary Club quiz. This allowed them to progress through to the second stage held in Portlethen. After a valiant effort and tough competition we were delighted to come third. Our team scored only two less points than the winners: out of a possible 120 available they managed a very respectable 113. We are very proud of our little school.

One of our pupils, Lachlan Castleton, is a keen participant in Sooyang Do and recently acquired his green belt; he has sat a total of seven gradings. He proved his fitness and determination when he took part in a twelve hour charity 'focusmittathon'. He raised an amazing total of £150 for CLAN.

The Tarland Flower Show is a big part of the area's diary and many of the youngsters enjoy entering the various gardening, cookery and craft competitions. Pearl Murphy was delighted to win first prize for her chocolate brownies! Her sister Alice won a first for her close-up photo of some daisies. The star of the show was Logie Coldstone Primary's very own Hafwen Dobson-Allam. She won the Prize Cup for the Industrial and Craft section.

Primary sevens, Daniel and Mary Farquhar played a large part in the proceedings of this year's Logie Coldstone Fun Games. Mary is excellent on the pipes and had the honour of piping in the games, along with our Coldstone piping group. Her brother Daniel was in top form during the races and took away the AG and JJ Smith Memorial Cup.

Ben and Clem Charles took part in the Bert's Family Triathlon at Knockburn loch earlier in the year. Clem was on the podium in the under 8's duathon and Ben was a very respectable 4th in the hotly contested 11-12 years triathlon. Ben also swims for Upper Deeside Amateur Swimming Club and at a recent Westhill meet he was awarded a bronze medal for the 50m butterfly.

Earlier this year, the Charles family went to France for a three month sabbatical. They swapped houses with the Cervera family and their two girls, Solai and Elies, attended Logie Coldstone primary. They were great fun and the pupils enjoyed practicing their French conversation skills with the girls. Their parents, Ghislaine and Matthieu, a teacher and a musician respectively, came into the



school to help the pupils with their French and percussion skills.

In August the School attended Techfest science fair. They heard about the world of underwater exploration from a deep sea diver, had a go at repairing model fillings, built rockets from junk and saw a play by Live Wire Productions entitled 'The wasp that felt the thunder'.

Lorna and Stuart McPhail, Fraser's parents, held badminton coaching sessions in the local village hall. The classes were very well attended with many of our pupils benefitting from their expertise in this sport. The McPhails also ran the popular family bingo night which is becoming an annual fixture in the school diary and is enjoyed by the community as a whole.

Also popular with the community was the school's open afternoon. It was a good opportunity to show everyone the exciting projects the pupils had been working on. There was also soup to enjoy which was made with vegetables grown by the children.



You may have seen on the news that Aboyne was visited by Camilla Duchess of Rothesay for a harvest festival attended by several local schools. Logie Coldstone was

privileged to take part with pupils participating in the choir and chatting to the Duchess herself about our school.

More recently, our primary 6s and 7s enjoyed some high adventure at Abernethy!



Logie Coldstone Trust - Owns and manages Logie Coldstone Hall; Registered Charity No. SCO 11363; http://www.logiecoldstone.org/

# **Logie Coldstone Activities Update**

### Cromar Walking to Health Group



There is much publicity at present about the physical and mental benefits of walking; it can also be a lot of fun. Why not come along and give it a try. We meet every Thursday afternoon outside Logie Coldstone hall at 1.30pm. We walk at a gentle pace for approximately one hour in and around Logie Coldstone and then return to the hall for a cup of tea and a home bake. If the weather prevents us walking we still meet at the hall, do a few exercises (not nearly as bad as it sounds)

and have an earlier cup of tea and a longer chat. We are a small, very friendly and supportive group of people who thoroughly enjoy walking together and are always happy to welcome new members to the group. If you are interested in joining us just turn up at the hall on any Thursday, or if you would like more information give me a call on 013398 81558. Anne Heath (Group Leader)



#### SWI

The SWI meets in the hall on the second Wednesday of the month (Sept-May) at 7.30pm. We welcome new members and occasional attendees warmly, so please do join us for talks, demonstrations and a generous and delicious fly-cup of sandwiches, cakes and tea.

In September, Wendy Pickford talked about a life enriched by travel and animal rearing. At the October meeting Craig Charles gave a fascinating talk about mending clocks. November's open evening welcomed Heather and Joanne from the Forget Me Not Club (Banchory), who discussed their wonderful charity work supporting those affected by dementia. Our December gathering was brightened with Christmas make-up by Emma Murphy, demonstrating Body Shop products, sold by Gillean Morrison to raise money for the Lauren Currie Twilight Foundation. Although bad weather and illness scuppered the January gathering, lots of laughs were had at the February games night. In March, pilot Murdo MacDonald showed photographs from the local area.

LC SWI won 3<sup>rd</sup> place at the Upper Deeside Bulb and Craft Show with their Combined Effort Centenary Table, decorated with a beautiful gold crocheted item by the late Alice Baird. We fondly remember long standing members of our SWI, Alice

Baird and Ethel Milne, both of whom lived into their nineties and sadly passed away last year.

Ethel, of Knocksoul Farm, had a happy marriage of over 70 years to John, with many grandchildren and great grandchildren arriving over the years. Ethel was a keen gardener, talented seamstress and knitter, and a master of cake and biscuit baking.

**Ethel Milne** 



Alice took an independent path, working all her life. She moved with her parents to the Post Office in Ordie in 1945, where her mother became Post Mistress. Later, Alice looked after her father and worked as Sub-Post Mistress until the Post Office closed in 1974. She continued her independent life driving her car and bookkeeping until she was admitted to Aboyne hospital, aged 91, where she spent her final months.



Alice Baird

We reflect upon Ethel and Alice's values of family, friendship, work, creativity and homecraft which we strive to continue as we look ahead. Following September's Taste and Try recipe sharing and a November quiz night we look forward to: Book folding with Sandra King; Dec 13th: Games Night: Jan 10th: All Things Pright and Requitibility Feb 14th: Tarland Tapastry by

Night; Jan 10<sup>th</sup>: All Things Bright and Beautiful; Feb 14<sup>th</sup>: Tarland Tapestry by Jess Gibb; Mar 14<sup>th</sup>: Raising Guide Dog Puppies with Joss and Maggie; April 11<sup>th</sup>: business meeting; May 9<sup>th</sup>: planning meeting. For further information contact President Rachel Mather on 07876821073.

# **Logie Coldstone Toddlers**

Logie Coldstone Toddlers is a small and friendly group for toddlers, babies and their carers, meeting on Monday mornings 10.00-12.00 in the hall. We have craft activities, a nursery rhyme sack, lots of toys, including ride-ons and plenty of space to move around in. During the session we provide snacks for the tots and a cuppa for the adults. This year we had some sessions of messy play with



jelly, shaving foam, sand, rice and paint. We played parachute games and had a puppet version of The Three Billy Goats Gruff from a visitor supporting Early Years. We enjoyed more visits to the primary school younger class this year for songs and shows. These entertaining excursions to the school will resume after the October holidays. New faces are always welcome, so please come by! Check out our Facebook page; search for Logie Coldstone Toddlers <a href="https://www.facebook.com/groups/804997912968789/">https://www.facebook.com/groups/804997912968789/</a>

#### **Craft Group & Library Van**



Craft group meets every second Wednesday morning from 10am - 12. We are a small gathering who meet to do our own craft work or it is a handy quiet time to do those small mending tasks always on the to do lists! Or you can just come and have a chat and a cuppa and watch others work. Small children are also very wel-

come to take along their parents/carers as we enjoy watching them play. All welcome for a relaxing morning with good company. We donate £2 each towards Hall funds. The Library van calls at the hall once a month on a Wednesday morning from 10.30 - 11am. Details of times etc. may be found on the Aberdeenshire Council website.

# **Logie Coldstone Activities Update**

# **Community Café**

The Community cafe is held on the first Friday of every month (except January) in the Hall from 9.45am to noon and all are welcome. Also welcome- essential evenare donations of baking and volunteers to help serve. We have some very talented bakers in Logie Coldstone and also people generous with their time. More of both are always appreciated! If you have half an hour free on the Thursday night at 7.30pm to help set up the café you will be most welcome then too. It doesn't take very long if there are a few folk to help.

Regular customers will know that we collect goods for the Deeside foodbank which serves Upper Deeside and Upper Donside. All contributions welcome, especially dried/tinned foods, toiletries, baby items and pet food.

If you have anything you want to sell or display or advertise, a table is available free. Just come along on the day or phone Joyce on <u>07771715293</u> for more information.



#### **ColdStone Sober**

"ColdStone Sober" is a small, instrumental group who meet informally in the hall to play music together. It consists of an eclectic mix of instruments including violins, viola, flutes, recorders, smallpipes, trumpet and euphonium. Who would have thought there would be such 'talent' in one small community? Pieces in their varied repertoire include: The Teddy Bears' Picnic, Robert Burns Suite, Galop Infernal by Offenbach (otherwise known as The Can Can), Funiculi Funicula, Lily the Pink, My Favourite Things from The Sound of Music, and Spring from The Four Seasons, together with traditional tunes such as Don't Sit Under The Apple Tree, Blow Away the Morning Dew and Sur le Pont d'Avignon.

In the past year ColdStone Sober have played at the Community Cafes, the Fun Games, the Christmas Fair, the Pensioners' Christmas meal and The Seed Swap in Tarland. The group welcomes adults of all abilities and would also be delighted to accept any donations of sheet music. For further information please contact Morag on <a href="mailto:martinandmorag@hotmail.com">martinandmorag@hotmail.com</a>



### **Logie Coldstone Piping Group**

The young people of Logie Coldstone piping group rehearsing during the summer outside Logie Coldstone hall. They look forward to bringing in the bells at the Hogmanay party.



#### **Badminton**

Badminton at Logie Coldstone Hall. Every Wednesday between 8.00pm and 10.00pm. All abilities welcome. £3.00 per Adult and under 16's free.

Call Hitesh for more information, 013398 80041



#### **The Reading Group**

Logie Coldstone Reading Group (otherwise known as ELSIE) gathers in the meeting room of the hall every six weeks. It is a very informal group with the emphasis on social! We bring our own refreshments. Occasionally we venture further afield to see films/plays and have seen 'I, Daniel Blake', and 'The Girl on the Train'.



Books are chosen from Aberdeenshire Libraries Reading Group Collection. Books are collected and returned to Aboyne library by ELSIE members individually.

This year our choices have included: The Cellist of Sarajevo, Buddha Da, Never Let Me Go and Hotel on the Corner of Bitter and Sweet.

New members are always welcome. Our next meeting is 1 December 2017 at 7.30pm.

### **Pro-Fitness Cross Training with Lisa**



Mondays - Cardio Kick - 6.30pm , Logie Coldstone Hall Tuesdays - Kettlebell Core - 6.30pm , Logie Coldstone Hall Thursdays - Metasculpt - 6.30pm , Logie Coldstone Hall

Pro-Fitness Personal Training offers one-to-one training sessions, nutritional programs and bespoke training programs. Consultations are free so for more information visit <a href="www.pro-fitness.training">www.pro-fitness.training</a> or email <a href="profitnesspersonaltraining121@gmail.com">profitnesspersonaltraining121@gmail.com</a> to book an appointment.

Lisa is also involved in a new business called "Gut Feeling". Her holistic programs include: nutritional re-sets to guide you to healthier eating patterns; an intermittent fasting program for weight loss, hormonal balance and improved brain function; gut health restoration for



repairing imbalanced gut microbiome and improving immune function; functional movement and fitness programs and also relaxation & visualisation therapy. Body composition analysis, fitness assessments and functional movement screens are also available. For more information visit her website at <a href="www.gutfeeling.solutions">www.gutfeeling.solutions</a> or contact her directly at <a href="lisa@gutfeeling.solutions">lisa@gutfeeling.solutions</a>

#### Local artist, Quintin Davies

I have been a keen painter for over 20 years, producing predominantly landscapes, still life and animal portraiture mainly in oil paints. Since moving to the area 4 years ago I have had increased opportunity to develop my artwork through various local forums. I find the unique mix of hillside, arable, sea and riverside scenery offered by Aberdeenshire inspirational, particularly with the changeable light offered by the weather. I squeeze painting around my full-time job and family time, but I am happy to produce commissioned pieces and offer a framed 'ready to hang' service. Further examples of my work, prints and available originals are on my website and I provide updates on activity on my Facebook page.

www.quintindavies.co.uk www.facebook.com/
QuintinJDaviesArtist/.



#### Days gone by at Logie Coldstone



Do you recognise any of the faces here? These pictures were taken in the 1960's when Logie Coldstone School had to temporarily decant to the hall when the school building burned down.

#### **Connected Coldstone**



Logie Coldstone website <a href="http://www.logiecoldstone.org/index.php">http://www.logiecoldstone.org/index.php</a>



Logie Coldstone on Twitter. Follow us at @LC\_Trust



Logie Coldstone on Facebook

Logie Coldstone Trust Newsletter Team can be contacted at <a href="lectrust2012@gmail.com">lctrust2012@gmail.com</a>